

## **What's included?**

- all accommodation - basic: with local peasants, indigenous or in school halls (foam mattress, mosquito net, linen, pillow and blanket provided, but it wouldn't hurt to bring a camping mattress).
- all meals (Rice, roti, fish, dahl & vegetables are generally eaten for all three meals - vegetarians easily accommodated). Hygienic Food, Pure drinking water/ Mineral water.
- all transport costs in Bangladesh during the caravan.
- all climate caravan activities.
- all the above for a Bangladeshi and a South Asian activist as well as yourself!  
Solidarity in action!
- Medicare facility should be available (Provided that cost for medicine to be paid by his/her who needs)